

Spartan Talk Nov 4, 2015

Elizabeth Séguin and Thomas Burton

Fall sports are quickly coming to an end here at CVR, but no need for sad endings because winter sports are already in full swing.

This past weekend, our very own Thomas Burton wrapped up the cross-country season when he competed at Provincials. He finished in 26th place and brought home a lovely banner for our school. Coach Sasha Geukjian would like to highlight his great work for his last year and invites all runners to join indoor track this winter.

As one door closes, another opens because girl's basketball tryouts have begun and coaches Kennedy and Marino are thrilled that the ladies are excited for the upcoming season. Watch out, they are coming after you!

On the same note, boy's ice hockey has already had their first tournament this week. They ... are in to stay.

Spartan Talk Nov 11, 2015

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It's time to say goodbye to touchdowns and tries and hello to hoops and baskets because basketball is eager to begin here at CVR. But first, let's take a look back and praise our football and rugby players for their fantastic achievements this season.

Firstly, the juvenile boys football team ranked 3rd in the league with a total of 5 wins and 3 losses. Their dedication, skill and passion merits itself a great round of applause and the coaches are very proud. They were so impressive that several players were even scouted by CEGEPs in the area.

Secondly, the juvenile girls rugby team made history by winning the first ever RSEQ fall league. Their first place ranking all throughout the season surely left a lasting impression and the lady Spartans will definitely be back next year. As for the midget team, they were challenged this year by competing in an all-juvenile league. Yet, they proved that hard work does pay off by working their way up to 3rd place. What an accomplishment and much admiration!

As for hockey, the players have been training intensively. Mark your calendars and come cheer on the juvenile team on the 19th of November at the Huntingdon arena when they play Arthur-Pigeon.

Finally, for all you basketball lovers, practices have begun and the teams are well shaped up. We cannot wait to see where they take us this year!

Pssst! Don't forget the 4th annual Follow Your Dreams run/walk is being held at CVR on the 14th of November at 9 am. Call 450-829-2381 for more information.

Spartan Talk Nov 25, 2015

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At last, at last, basketball games have finally been played by all of the CVR teams and the results definitely reflect the persistent Spartans you all know best.

The midget girls played their first game as a new team this past week against College Durocher. Despite moving up two divisions this year, they ended the first half down by only two points thanks to the determined defensive line. Although they were left defeated, the girls have great potential since they're showing great team spirit and their skills are improving. Keep it up!

The juvenile girls also played the same night, eager to get on the court. Their excitement reflected in the game as they triumphed LPP with a magnificent score of 49-26. What a way to kick off the season!

For the midget boys, while they lost their firsts games of the season to Jean de la Mennais and Saint Francis Xavier, the scores were extremely tight and the boys showed true sportsmanship throughout the game. We know you can do it!

As for hockey, the senior team played two very disciplined games at the tournament on the 19th of November. Although, they lost one, they triumphed the other against Arthur Pigeon where assistant captain Bailey O'Farrell scored her first goal in her CVR hockey career. You can catch the team playing next time at the Huntingdon arena on the 26th of November to see their skills on ice yourself.

If not, we'll see you next week with your favourite Spartan news. Have a good one!