

Spartan Talk Jan 20, 2016

Elizabeth Séguin and Thomas Burton

Happy New Year! The break is over, snow has finally settled in the Valley and the Spartans are ready to play. In fact, our athletes are back better than ever since they took their days off to enjoy their much-needed relaxation time. Here's a little glimpse of what the Spartans have already accomplished in 2016.

The juvenile boys basketball team kicked off the New Year on a great note for CVR when they won against College Heritage with a score of 38-26. The team played outstandingly, with Joshua Lambertson, Tristan Redcliff and Mark Schulz being the star players of the game. The coach would also like to highlight Ryan Lepage for his best game this season, as the team couldn't have played so remarkably without him. Way to go!

On the girls' side, the juvenile girls scored quite a few hoops as well for their first game after the break. Precisely, it was a staggering score of 58-10 against Abbé Saint-François School that merited them yet another win. For the midget team, their dedication is eminent and the coach is really impressed how the team chemistry never dies down. Keep it up!

And now, as winter may get the best of us sometimes, principal Brigitte Barrette would simply like to add that she is very proud of the Spartans for their continuous motivation.

Have a good week everyone!

Spartan Talk Jan 27, 2016

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Slow and steady was the way to do it this week at CVR. While the Spartans may have had a quiet week due to important mid-term exams, they nonetheless squeezed in a few practices for their much anticipated upcoming games.

In fact, the annual Bishop's University basketball tournament in Lennoxville is coming up and the Spartans are eager to get there. The trip is overnight and the players have been fundraising tremendously. It's an amazing opportunity for the athletes to learn new skills and compete against different teams of the region. We sure hope that CVR will be well represented at this event and we have faith that the Spartans will come out victorious!

Be sure to read next week's article because we promise that we'll cover all of the highlights and fantastic scores of the weekend. Now, back to studying!