



WELCOME TO THE BREAKFAST CLUB!

The Breakfast Club of Canada is a program that recognizes that offering students a balanced, nutritional breakfast in a calm and respectful environment helps to improve their behavior, concentration, and their scholastic performance. For this reason, we offer our breakfast to each child who registers!

What are the benefits of Breakfast Club for your child?

- Start the day in a friendly atmosphere where they can socialize with friends
- Eat a nutritious breakfast that includes a whole grain, protein and fruit/veggie
- Improve their learning capacity
- Give peace of mind to parents on busy mornings knowing that a delicious breakfast will be available at school for your child!

Breakfast will be served to students throughout the school year at **8:10 am** starting on **Thur., Sept. 9, 2021**.

The program is available to every student and you are free to register at any time throughout the year. Please contact Mary Leblanc, CLC agent at 450-829-2381, Ext. 245 if you have any questions.

If you would like to make a donation to keep our club sustainable, we **suggest \$25 for the school year for one child** or **\$40 for two or more children**, although any amount is appreciated, and none is required.
(You can include cash or cheque payable to CVR High School with your registration slip)



If you wish to register for the Breakfast Program, please clearly print the information below:

My child(ren), _____,
will participate in the breakfast program.

Authorizations

Media consent: Breakfast Club of Canada may photograph/video/interview my child for promotional purpose

YES NO

Student volunteers: I accept that my child may volunteer at his/her school's breakfast program if needed

YES NO

Allergies, illnesses and emergencies: My child's health information can be used for the breakfast program.

YES NO

Parent's name

Signature

Date

I would like to be a parent volunteer for my school's Breakfast Club! Please contact me to discuss this further!

Daytime telephone: _____