



April 23, 2020

To the CVR Community,

I hope this finds you healthy and safe.

I'm reaching out today to share some information about CVR Course Selection, Post-Secondary Program Prerequisites, Career Exploration, Cegep Applications and Registrations for Vocational Programs and Academics (High School credits).

Registrations Open at NFSB Adult Education Centers:

I'm happy to confirm that registrations for 2020-21 are open at the NFSB Adult Education Centers: NOVA, CVCEC, & HAECC. Please visit www.nfsb.me to register for a Vocational Program or for Academics (if you are missing high school credits). Please note you must be 16 years old as of June 30th and meet certain requirements to attend an Adult Ed. Centre next year.

CVR Course Selection

Many of you may be confused about what option courses to select because you're not sure what you want to do after high school. This is perfectly normal! There are so many options, including Vocational (Trade) and Cegep programs, and opportunities with the Canadian Armed Forces (visit www.forces.ca). These programs all have different course requirements, or *prerequisites*.

Some programs have advanced math and science prerequisites, while others do not. If you are interested in certain business, technical, or science programs, you will need to take advanced math and science courses in high school. In this case, you would request Technical/Science (TS/SN) Math and Environmental Science as your Gr. 10 options, which are required to take Technical/Science (TS/SN) Math, Chemistry, & Physics as your Gr. 11 options. Keep in mind you need to meet minimum grade requirements to be able to take these courses. *Please refer to the **CVR Course Selection Booklet** to know which Cegep programs have advanced math & science prerequisites.*

Career Exploration

To increase your self-knowledge and explore careers that may interest you, I suggest you use some of this time away from school to log onto www.xello.world, do the *Matchmaker, Personality, and Learning Styles* quizzes, then read through some of the career suggestions that are generated based on your answers. You can save to your favorites any careers that stand out to you. Don't forget to read the interview section where people who work in each field talk about their daily tasks, training, and give valuable advice.

I will be happy to schedule an appointment with you to discuss your future academic/career plans once school resumes. Here's how to log onto Xello:

www.xello.world

Username: student's nfsb email address

Password: student's birthday (mmddyyyy)

Vocational (Trade) Programs

To explore **Vocational programs offered at NFSB** visit www.nfsb.me.

The ***Guide to Vocational Training in English*** lists prerequisites of Vocational Programs offered in all English School Boards in Quebec. Visit:

https://www.inforoutefpt.org/ministere_docs/adminInfo/Guide_Vocational_Training_English.pdf

Explore Vocational Training (English & French):

www.inforoutefpt.org

www.findyourowntrade.com

www.emploisdavenir.gouv.qc.ca/en

Cegep Programs

To explore Cegep Programs in Quebec, visit www.pygma.ca

SRAM Applications

Students who applied to SRAM in Round 2 will receive their admission decisions by May 12th. For those who were not accepted, SRAM has a third and final round of applications (Round 3). You have until **11:59pm on May 27th** to check the *Table of Available Programs for Round 3* and submit a new choice at www.admission.sram.qc.ca.

You can participate in Round 3 even if you did not apply for Rounds 1 or 2.

Please do not hesitate to contact me via email at sangelopoulos@nfsb.qc.ca for any assistance.

Stay Safe,

Spiro Angelopoulos.

CVR School Counselor