



Nurse's Corner :

Did you know ?

- In Quebec, the legal age of consent for care is 14 years old?
- The school nurse is at CVR 3 days/week to provide services of health care & information to the school community, as well as individualized care for students?
- **Health care offered by the school nurse:**
  - a) evaluation of **Emergency Health Forms**
  - b) promotion of health (physical activity & nutrition)
  - c) prevention of illness (ex. vaccinations)
  - d) training of staff for specific student health problems
  - e) support of the implementation of first aid services
  - f) youth wellness clinics (sex education, STI screening & testing of asymptomatic individuals, initiation of contraception, providing emergency oral contraception (ex. Plan B), supporting teens with decisions of unwanted pregnancies, offer counseling & referral to perinatal & early childhood services
  - g) quit smoking counseling
- **Parents have a responsibility to alert CVR if you child has :**
  - a) Pertussis (whooping cough)
  - b) Erythema infectiosum (5<sup>th</sup> disease)
  - c) Scabies
  - d) Gastroenteritis
  - e) Hepatitis A
  - f) Impetigo
  - g) Pediculosis (lice)
  - h) Mumps
  - i) Measles
  - j) German measles
  
  - k) Scarlet fever or pharyngitis with streptococcus of the group A
  - l) Chickenpox

- **VACCINATION AND HYGIENE: THE BEST MEANS OF PREVENTION**
- **DON'T FORGET TO COMPLETE & HAND IN YOUR UPDATED EMERGENCY HEALTH RECORD AS SOON AS POSSIBLE!!**



For more information, please do not hesitate to contact your school nurse: Heidi Pallett at 450-829-2381 Extension 251