



Your Brain

Your brain is who you are. It's what allows you to think, breathe, move, speak, and feel.

When drugs enter the brain, they interfere with its normal processing and can eventually lead to changes in how well it works. Over time, drug use can lead to addiction, a devastating brain disease.

How is drug addiction treated?

Successful treatment has several steps:

- detoxification (the process by which the body rids itself of a drug)
- behavioral counseling
- medication (for opioid, tobacco, or alcohol addiction)
- evaluation and treatment for co-occurring mental health issues such as depression and anxiety
- long-term follow-up to prevent relapse

Source:



Please see Heidi Pallett, your School Nurse for services and counseling.