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Role of Parent

You are your child's first source of information about sexuality, so you can play an important role in educating and guiding your child through childhood, adolescence and beyond. By no means do you have to be an expert, but it's important to:

- Break the subject of sexuality once in a while. Don't expect your child to come to you.
- Use appropriate names for body parts.
- Answer questions honestly.
- If you just can't bring yourself to discussing sexuality with your child, ask for help from a knowledgeable ADULT or PROFESSIONAL whom you and your child trust and feel comfortable talking to. This "first step" may ease your discomfort and provide a way for you to follow-up later.

Information from : www.sexualityandu.ca

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