

# THE CYCLE OF AN ABUSIVE RELATIONSHIP



## Project Presentation

Dear Parents,

In the coming weeks, your child will be participating in a new project to help sensitize them to the subject of domestic violence. This project is entitled, "The Cycle of an Abusive Relationship".

The creation of this project was financed by the "*Comité Violence Conjugale et Agressions Sexuelles du Haut-St-Laurent*", as well as the '*Table de Concertation Jeunesse du Haut-St-Laurent*'. The goal of this project is to reduce incidences of domestic violence.

The project is presented as an interactive labyrinth, in different locations of the school. The students witness the daily life of a young couple and follow the evolution of a romantic relationship. The students will learn more about:

- the precursor signs of violence in a romantic relationship
- the cycle of domestic violence
- the evolution of this type of violence
- the possible consequences of this type of violence
- the means to put an end to this type of violence

The students will witness different situations of violence, control, jealousy, rejection, cyber bullying, police interventions and a court hearing for the young man that has violent behavior. This experience will also allow the students to familiarize themselves with different resources that are available to them and possible solutions to put an end to this kind of relationship and thus encouraging relationships of respect and equality.

This interactive activity aims to :

- educate students on awareness of the warning signs to dating violence and the cycle of domestic violence
- improve students' knowledge so that they can recognize different types of violence
- provide students with tools so that they can live harmonious love relationships, based on respect and without violence
- provide young victims or young people with violent behavior with the means to help them to stop it or start a process of change
- reduce the incidence of domestic violence

For any questions or concerns, please contact **Kassia Pang** or **Heidi Pallett** at CVR: 450-829-2381.

