

GRADE 10 2020-2021 OPTION COURSES



HORTICULTURE, FOOD & THE ENVIRONMENT:

-Designing and building small garden and greenhouse structures. • Planting, maintaining, harvesting, cooking and preserving edible food plants. • Composting, recycling, re-purposing and upcycling waste. • Applying the natural world's symbiotic relationships between plants, animals, insects for the general health of our environment. • General environmental initiative projects (Student-led)

"In response to increasing consumer scepticism of where our food comes from this class will divide its time between classroom research and a hands-on approach to food production, plants and our environment."



FOOD MATTERS

Food Matters is an optional 2-credit course where we will focus on nutrition, food, and cooking both in theory and in practice. Throughout the year, we will learn about: • Meal planning • Cooking terms & Canada's food guide • Safety and sanitation • Balanced meals and a healthy diet • Food and nutrition choices • Food resources in the world • The impact of our diet (on ourselves, on the economy, on the planet, etc.)



DEBATE

Learn the art of argument and debate in this fun, yet challenging course. Students will learn about debate fundamentals, types of arguments, constructing arguments, defending positions, choosing evidence, documenting sources, cross-examining, and so much more! If you enjoy large class discussions, public speaking, and expressing opinions, debate is the class for you!



MEDIA & FILM

In this course we explore the many faces and facets of film. Over the course of the year we will explore different genres (action, comedy, horror, western and musical amongst others) and break down how they are constructed and their history. Once we have mastered a genre we will then construct our own films. The course will build to the film festival that will take place at the end of the year and where we will showcase some of your films. Join us in this course and you will be watching, reviewing and constructing films throughout the year!



DANCE OPTION

In this course you will be choreographing and performing small pieces in preparation for your performance as a group in the Performing Arts production, and the end of year Cabaret. No prior dance classes required.



TARGET YOUR FUTURE

Explore and determine your interests, skills and personality and how it relates to various career fields. Students carry out career explorations in the course of the year, discover field of work opportunities available to them and the benefits of this type of voluntary work, discover part secondary options, create a career portfolio and connect with working people to determine future goals.



PERFORMANCE IN MUSIC

The focus of this class is musical performance. Students may choose from a variety of instruments including guitar, bass, drums, keyboard, voice and wind instruments depending on past experience or interest. Students will be given several opportunities for performance throughout the year.



FITNESS

A fitness class designed for anyone. The goal is to demonstrate many different ways to stay fit for life. All you need to succeed is to show up and work hard.



SCIENCE EST

This is a prerequisite course for Grade 11 Chemistry and Physics. This course provides an extensive study in the topics of chemistry, physics, genetics, technology, and the environment. Students who take this course should enjoy problem solving and possess a strong set of math skills, minimum of 60% in advanced or 70% in regular Grade 9 Math.



MUSIC THEORY & COMPOSITION

No prior musical experience needed!! In this course, students will learn musical concepts and then actively interact with the material through the art of composition. Students compose, arrange and perform original pieces together based on the concepts being taught using a variety of musical instruments.



ART OPTION

This class focuses on developing the student's artistic identity. As a class we will be working together to design, plan and execute projects that will directly affect our school.

