

Date: Sept. 4, 2018

TO PARENTS,

**OBJECT: INFECTIOUS DISEASES IN THE SCHOOLS**

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Infectious diseases are common at school and can have an impact on health. Certain infectious diseases are contagious and can be transmitted from one person to another. This year, Whooping cough is still particularly frequent.

#### **INFORM THE SCHOOL!**

- ◆ If your child is ill, you must inform the school of his absence. If you take him to the doctor, ask whether your child has a contagious disease; if so, please inform the school (see the list of diseases to be reported on the reverse side). The CISSS nurse will be informed and, if necessary, will contact you for more information as well as to answer your questions.
- ◆ If your child is ill, he must stay home until he is able to participate in school activities. For certain contagious diseases, the child's return must be delayed until the end of the contagious period.
- ◆ If your child has a special medical condition such as immunosuppression, pulmonary or heart disease, please ask your doctor if he is at higher risk for certain contagious diseases and advise the school administration. The CISSS nurse will be informed and will let you know if a case is reported at school.

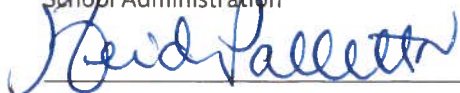
#### **VACCINATION AND HYGIENE: THE BEST MEANS OF PREVENTION**

Vaccination is the best way to prevent certain diseases. As parents, you are responsible for having your child vaccinated.

- ◆ Your child should have received vaccines against diphtheria, pertussis (whooping cough), tetanus, poliomyelitis, measles, German measles, mumps, *Haemophilus influenzae* type B, meningococcus serogroup C and chickenpox (if he has not already had this disease after one year of age).
- ◆ Quebec Vaccination Program also specifies that boys and girls in 4<sup>th</sup> grade of elementary school receive, during the year, the following vaccines:
  - the vaccine against hepatitis B even though the product used also comprises a protection against hepatitis A
  - the vaccine against human papilloma virus
- ◆ For children suffering from certain diseases, other vaccines might be required. For further information, consult your clinic or your CISSS to make sure that your child's vaccination is up to date.
- ◆ Hygienic measures are also important to prevent the spread of contagious diseases. Proper hand washing, using paper tissue when coughing or sneezing (or coughing and sneezing into your sleeve or upper arm), avoiding sharing personal objects, covering wounds with a dressing and taking proper measures to avoid contact with blood from another person are simple and effective actions that everyone can take.

Thank you for your cooperation,

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School Administration



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**LIST OF DISEASES TO BE REPORTED  
TO THE SCHOOL ADMINISTRATION**

- ◆ Conjunctivitis
- ◆ Pertussis (whooping cough)
- ◆ Erythema infectiosum (5<sup>th</sup> disease)
- ◆ Scabies
- ◆ Gastroenteritis
- ◆ Hepatitis A
- ◆ Impetigo
- ◆ Mumps
- ◆ Oxyuriasis (Pinworm)
- ◆ Pediculosis (lice)
- ◆ Measles
- ◆ German measles
- ◆ Tinea capitis or corporis (Ringworm)
- ◆ Scarlet fever or pharyngitis with streptococcus of the group A
- ◆ Chickenpox